

1 NAME OF THE MEDICINE

Moxonidine

2 QUALITATIVE AND QUANTITATIVE COMPOSITION

PHYSIOTENS tablets are immediate release film-coated tablets for oral use containing 200 micrograms, 300 micrograms or 400 micrograms moxonidine.

Excipients with known effect: sugars as lactose

For the full list of excipients, see Section 6.1 List of excipients.

3 PHARMACEUTICAL FORM

PHYSIOTENS 200 micrograms tablets: Pale pink, round, biconvex, film-coated tablet, imprinted 0.2 on one side.

PHYSIOTENS 300 micrograms tablets: Pink, round, biconvex, film-coated tablet, imprinted with 0.3 on one side.

PHYSIOTENS 400 micrograms tablets: Dull red, round, biconvex, film-coated tablet, imprinted 0.4 on one side.

4 CLINICAL PARTICULARS

4.1 THERAPEUTIC INDICATIONS

PHYSIOTENS is indicated for the treatment of hypertension.

4.2 DOSE AND METHOD OF ADMINISTRATION

Treatment should be started with 200 micrograms PHYSIOTENS in the morning. The dose may be titrated after two weeks to 400 micrograms given as one dose or as divided doses (morning and evening) until a satisfactory response is achieved. If the response is still unsatisfactory after a further 2 weeks treatment, the dosage can be increased up to a maximum of 600 micrograms in divided doses (morning and evening).

A single daily dose of 400 micrograms and a divided daily dose of 600 micrograms of PHYSIOTENS should not be exceeded.

PHYSIOTENS may be taken with or without food.

4.3 CONTRAINDICATIONS

Hypersensitivity to any of the ingredients (see Section 6.1 List of excipients).

Heart failure (NYHA Class I – IV).

Patients aged 75 years or older (see Section 5.2 Pharmacokinetic properties - Pharmacokinetics in the elderly).

Bradycardia (HR < 50 beats/minute) or severe bradyarrhythmia, including sick sinus syndrome, or second or third degree atrioventricular (AV) block.

Malignant arrhythmias.

Severe renal impairment (GFR < 30 mL/min, serum creatinine concentration >160 µmol/L).

4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE

Cessation of combination therapy with beta-blockers

Abrupt cessation of combination therapy with moxonidine and a beta-blocker may result in rebound hypertension. If combination therapy with moxonidine and a beta-blocker is to be ceased, the beta-blocker should be stopped first and then moxonidine stopped after a few days have elapsed. During cessation of therapy blood pressure should be regularly monitored.

Atrioventricular block

Cases of varying degrees of AV block have been reported in the post-marketing setting in patients undergoing moxonidine treatment. Based on these case reports, the causative role of moxonidine in delaying atrioventricular conduction cannot be completely ruled out. Therefore, caution is recommended when treating patients with a possible predisposition to developing an AV block.

When moxonidine is used in patients with 1st degree AV block, special care should be exercised to avoid bradycardia. Moxonidine must not be used in higher degree AV blocks (see Section 4.3 Contraindications).

Other

PHYSIOTENS should be used with caution in patients with a history of angioneurotic oedema.

As with other centrally acting antihypertensives, moxonidine should be used with caution in patients with severe coronary artery disease and unstable angina. There is limited experience in this population.

Moxonidine should not be used because of lack of experience in cases of intermittent claudication, Raynaud's Disease, Parkinson's Disease, epileptic disorders, glaucoma, and depression.

Due to lack of therapeutic experience, the use of moxonidine concomitantly with alcohol or tricyclic antidepressants should be avoided.

In limited studies, no rebound effect of the blood pressure after sudden discontinuation of moxonidine treatment has been detected. Nevertheless, it is advised not to interrupt the intake of moxonidine abruptly. Moxonidine should be withdrawn gradually over a period of days.

Due to the presence of lactose in PHYSIOTENS tablets, patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency, or glucose-galactose malabsorption should not take this medicine.

Use in Renal Impairment

Caution is advised in the administration of moxonidine to patients with renal impairment as moxonidine is excreted primarily via the kidney. In these patients, careful titration of the dose is recommended, especially at the start of therapy. In patients with moderate renal impairment (GFR 30 – 60 mL/min), the single dose should not exceed 200 micrograms and the daily dose should not exceed 400 micrograms of moxonidine. The hypotensive effect of moxonidine should be closely monitored, especially at the start of treatment (see Section 4.2 Dose and method of administration).

Use in the Elderly

See Sections 4.3 Contraindications and 5.2 Pharmacokinetic properties - Pharmacokinetics in the Elderly.

Paediatric Use

PHYSIOTENS should not be given to children below the age of 16 years as insufficient therapeutic experience exists in this group.

Effects on Laboratory Tests

In controlled clinical trials, clinically important changes in standard laboratory parameters possibly associated with administration of moxonidine were rarely observed and occurred at rates comparable to those seen with placebo.

4.5 INTERACTIONS WITH OTHER MEDICINES AND OTHER FORMS OF INTERACTIONS

Concurrent administration of other antihypertensive agents enhances the hypotensive effect of moxonidine.

The sedative effect of tricyclic antidepressants, tranquilizers, alcohol, sedatives, hypnotics and benzodiazepines can be potentiated by moxonidine. Moxonidine moderately augmented the impaired performance in cognitive functions in subjects receiving lorazepam.

Since tricyclic antidepressants may reduce the effectiveness of centrally acting antihypertensive agents, it is not recommended that tricyclic antidepressants be co-administered with moxonidine.

In healthy volunteers, no pharmacokinetic interactions have been observed with glibenclamide or digoxin. Moxonidine is excreted through tubular excretion. Interaction with other agents that are excreted through tubular excretion cannot be excluded.

4.6 FERTILITY, PREGNANCY AND LACTATION

Effects on Fertility

Moxonidine did not affect fertility of rats at oral doses up to 6.4 mg/kg/day (15-64 times the clinical exposure at 300 micrograms BID, based on plasma moxonidine concentration).

Use in Pregnancy

Pregnancy Category: B3

Moxonidine was not teratogenic in rats. It caused abortions, increased embryofoetal losses, and/or delayed foetal development at high oral doses (≥ 9 mg/kg/day in rats and 4.9 mg/kg/day in rabbits), associated with maternal toxicity. No adverse effects on embryofoetal development were seen at 2 mg/kg/day in rats and 0.6 mg/kg/day in rabbits. Exposures at the no effect dose were 24 (rat, based on AUC) and 22 (rabbit, based on dose adjusted for body surface area) times the clinical exposure at the maximum recommended clinical dose (300 micrograms BID).

There is inadequate data in pregnant women or women of childbearing age, and as such moxonidine should not be used during pregnancy unless the benefit clearly justifies the possible risk to the foetus.

Use in Lactation

Oral administration of moxonidine to rats from late pregnancy until weaning was associated with maternotoxicity, reduced pup weight and viability, and delayed pup development at ≥ 3 mg/kg/day, with no effects at 1 mg/kg/day (approximately 12 times the clinical exposure at 300 micrograms BID, based on AUC).

Studies in humans have shown that moxonidine passed from the maternal blood stream to breast milk. As the effect on the newborn infant is unknown, moxonidine should not be used by nursing mothers, unless the benefits clearly justify the possible risks to the infants.

4.7 EFFECTS ON ABILITY TO DRIVE AND USE MACHINES

Based on its pharmacodynamic properties, moxonidine is unlikely to affect the ability to drive or operate machinery. However, it should be taken into account that occasionally dizziness or weariness may occur during treatment of hypertension.

4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)

Moxonidine has been evaluated for safety in over 4000 subjects worldwide, including more than 1200 patients treated for more than 6 months and over 800 patients treated for 1 year or longer. Most adverse events were of mild or moderate severity and did not require discontinuation of therapy.

In placebo-controlled clinical trials, 4.7% of patients treated with moxonidine discontinued therapy due to clinical adverse experiences, compared to 2.5% discontinuations among placebo-treated patients. The table below lists adverse events that occurred at an incidence of 1% or more among moxonidine-treated patients who participated in placebo-controlled trials of 6 to 8 weeks' duration, using doses of 200 micrograms to 800 micrograms daily.

Table 1: Treatment Emergent Adverse Events in all Placebo-Controlled Trials with a Frequency \geq 1% by Body System and all Cardiovascular Adverse Events

Body System	% Frequency	
	Moxonidine (n=886)	Placebo (n=555)
Body as a Whole	18.2	15.9
Asthenia	5.6	3.2
Headache	7.7	8.1
Infection	1.0	1.6
Pain	1.4	1.3
Abdominal Pain	1.0	0.7
Back Pain	1.7	1.3
Cardiovascular System	3.5	2.2
Digestive System	5.8	5.4
Diarrhoea	1.2	0.7
Nausea	1.6	1.6
Metabolic and Nutritional System	5.2	4.0
Peripheral oedema	1.6	1.6
Nervous System	18.2	8.8
Dizziness	2.3	2.0
Dry mouth	10.4	2.9
Somnolence	2.0	0.2
Vertigo	1.5	0.9
Respiratory System	6.2	7.0
Pharyngitis	1.8	1.3
Sinusitis	1.4	2.0
Bronchitis	1.4	1.1
Skin and Appendages	2.3	1.3
Rash	1.1	0.4
Special Senses	2.3	0.9
Urogenital System	2.3	2.7

Post-marketing Adverse Events

Common (\geq 1/100 and $<$ 1/10): dry mouth, headache, dizziness, nausea, sleep disturbance, somnolence, asthenia, vasodilatation, anxiety.

Uncommon (\geq 1/1000 and $<$ 1/100): sedation, insomnia, skin rash, urticaria, pruritus.

Rare (\geq 1/10000 and $<$ 1/1000): hypotension, postural hypotension.

Very Rare ($<$ 1/10000): angioedema.

Reporting Suspected Adverse Effects

Reporting suspected adverse reactions after registration of the medicinal product is important. It allows continued monitoring of the benefit-risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions at www.tga.gov.au/reporting-problems.

4.9 OVERDOSE

Oral dosages up to 2.0 mg/day have been tolerated without the occurrence of serious adverse events. The following case of accidental overdose with PHYSIOTENS by a 2 year old child has been reported: The child ingested an unknown quantity of PHYSIOTENS. The maximum dosage possibly ingested was 14 mg. The child had the following symptoms: sedation, coma, hypotension, miosis and dyspnoea. Gastric Lavage, glucose infusion, mechanically assisted ventilation and rest resulted in the complete disappearance of the symptoms in 11 hours.

Because of the pharmacodynamic properties of moxonidine, the following symptoms can be expected in adults: sedation, hypotension, orthostatic dysregulation, bradycardia, dry mouth, somnolence, headache, dizziness, asthenia, fatigue and upper abdominal pain. In rare cases emesis, tachycardia, hyperglycaemia and paradoxical hypertension may occur. No specific treatment is known. Phentolamine (Regitine) may, depending on the dose, reverse part of the symptoms of moxonidine overdose. Measures to support blood circulation are recommended.

For information on the management of overdose, contact the Poisons Information Centre on 13 11 26 (Australia).

5 PHARMACOLOGICAL PROPERTIES

5.1 PHARMACODYNAMIC PROPERTIES

Mechanism of Action

In different animal models, moxonidine has been shown to be a relatively potent antihypertensive agent. Available experimental data suggest that the site of the antihypertensive action of moxonidine is the central nervous system (CNS). Moxonidine has been shown to bind to I₁-imidazoline receptors and to a lesser extent α_2 -adrenoreceptors. The therapeutic action of moxonidine appears to result from interaction with I₁ and α_2 -receptors located within the rostral ventrolateral medulla, leading to a reduced activity of sympathetic nerves.

Moxonidine differs from other available centrally acting antihypertensives by exhibiting only low affinity to central α_2 -adrenoceptors compared to I₁-imidazoline receptors; α_2 -adrenoceptors are considered the molecular target via which sedation and dry mouth, the most common side effects of centrally acting antihypertensives, are mediated. In humans, moxonidine leads to a reduction of systemic vascular resistance and consequently in arterial blood pressure.

Clinical Trials

The antihypertensive effects of moxonidine were demonstrated in three placebo- and reference-controlled pivotal trials, studying dosages of 200 to 600 micrograms once daily in patients with mild to moderate hypertension (office diastolic blood pressure 95 – 110 mmHg; 24-hour ambulatory diastolic blood pressure \geq 85 mmHg). The studies allowed direct comparison of moxonidine to a reference agent (enalapril) at equipotent doses, analysis of peak and trough effects, and (in pooled data) an evaluation of the dose response relationship. In all, 464 patients were included, of whom 152 were randomized to moxonidine. All studies were double-blind, placebo and reference-controlled, prospectively randomized, parallel group comparisons, with a 4-week placebo run-in period followed by 8 weeks double-blind treatment.

The first study compared 200 micrograms moxonidine with 5 mg enalapril and placebo once daily. The intent-to-treat patient population comprised 169 patients evaluable for office blood pressure and 152 for ABPM. The mean placebo-subtracted differences in office systolic/diastolic blood pressure at trough from baseline to week 8 were -3.40 /-4.65 mmHg for moxonidine. The reduction for diastolic blood pressure was statistically significant *versus* placebo ($p < 0.001$) and not different from enalapril. The difference in systolic blood pressure did not differ statistically from placebo. The overall incidence of adverse events of moxonidine (27.8%) was similar to enalapril (26.7%) and placebo (22.8%) in this trial.

In the second study of similar design, 400 micrograms moxonidine was compared with 10 mg enalapril and placebo once daily. A total of 139 patients were included in the intent-to-treat sample for office blood pressure and 108 patients for ABPM. Moxonidine reduced office systolic and diastolic blood pressures at trough highly statistically significantly by 13.08/7.01 mmHg (placebo-corrected; $p < 0.001$ for both) and was equivalent to enalapril. Similar results were obtained with the 24-hour, daytime and night-time ABPM values. The 24-hour effects were maintained over the dosing interval with a trough to peak ratio of approximately 70%. Treatment emergent adverse events were reported in 36.6% of the moxonidine patients, in 31.9% of the enalapril patients and in 28.9% with placebo.

In the third pivotal study of similar design, 600 micrograms moxonidine was compared with 20 mg enalapril and placebo once daily. The intent-to-treat population consisted of 154 patients for office blood pressure measurements and 130 for ABPM. Office systolic and diastolic blood pressures were markedly and statistically significantly reduced by moxonidine by 21.53/10.45 mmHg (placebo-corrected; $p < 0.001$ for both) in comparison to placebo and did not differ from enalapril. Mean 24-hour ABPM was statistically reduced *versus* placebo for both diastolic and systolic blood pressures as well. Adverse events were recorded for 43.1% of patients in the moxonidine group in comparison to 32.1% in the enalapril group and 22.6% with placebo.

The main efficacy results for the primary and secondary parameters can be taken from the Table below.

Table 2: Main efficacy results from the three pivotal studies with moxonidine

Name of Study (Study Number)	K220.5053	K220.5047	S220.3102
Number of patients included	171	139	154
Dose of moxonidine	200 micrograms OD	400 micrograms OD	600 micrograms OD
Dose of reference therapy	5 mg enalapril OD	10 mg enalapril OD	20 mg enalapril OD
Change from baseline in sitting DBP at trough (mmHg)			
Moxonidine (+/- SD)	-10.7 (7.6)	-12.3 (8.7)	-13.2 (8.4)
Placebo	-7.0 (9.0)	-4.7 (6.8)	-2.3 (7.0)
Difference to placebo (95% CI)	-4.65 (-7.3; -2.03)	-7.01 (-4.46; -9.57)	-10.45 (-13.0; -7.91)
p-value	<0.001	<0.001	<0.001
Reference (enalapril)	-12.3 (7.7)	-11.8 (8.0)	-11.9 (7.5)
Difference to reference (95% CI)	0.95 (-1.52; 3.42)	-0.37 (-2.90; 2.16)	-1.17 (-3.65; 1.30)
Change from baseline in sitting SBP at trough (mmHg)			
Moxonidine (+/- SD)	-12.1 (13.9)	-19.5 (16.0)	-24.9 (20.7)
Placebo	-10.4 (16.6)	-4.6 (12.3)	-1.2 (14.4)
Difference to placebo (95% CI)	-3.4 (-8.95; 2.1)	-13.08 (-8.2; -18.0)	-21.53 (-27.2; -15.8)
p-value	0.224	<0.001	<0.001
Change from baseline in 24-hr ABPM (mmHg)			
Moxonidine (+/- SD)	-9.2 (9.9)	-10.1 (9.8)	-9.9 (8.7)
Placebo	-4.4 (9.7)	-1.1 (8.6)	-0.5 (6.4)
Difference to placebo (95% CI)	-4.48 (-8.16; -0.8)	-9.02 (-4.59; -13.45)	-7.61 (-11.63; -3.59)
p-value	0.017	<0.001	<0.001

The combination of hydrochlorothiazide and moxonidine was evaluated in a further placebo-controlled, double-blind and prospectively randomized trial. The study comprised a total of 161 randomized patients: 37 received moxonidine 400 micrograms, 40 received hydrochlorothiazide 25 mg, 42 received the combination

400 micrograms/25 mg and 41 received placebo, all once daily. Sitting systolic and diastolic blood pressures at trough after eight weeks treatment were statistically significantly reduced for all active treatment arms *versus* placebo. Furthermore, the difference of the combination for sitting diastolic blood pressure was statistically significant in favour of the combination for both monotherapies. The incidence of treatment emergent adverse events did not differ significantly between groups: 32.5% with moxonidine, 25% with HCT, 30% with the combination and 23% with placebo.

Table 3: Reductions in sitting systolic/diastolic blood pressures at trough (intent-to-treat)

Treatment Group	N	Blood Pressure Reduction*			
		SBP	P value	DBP	P value
Placebo	41	-11.3	-	-8.3	-
Moxonidine	38	-19.4	0.023	-11.7	0.045
HCT	40	-22.6	0.001	-12.7	0.009
Combination	42	-25.9	< 0.001	-16.2	< 0.001

*Least square mean change *versus* placebo

5.2 PHARMACOKINETIC PROPERTIES

Absorption

In humans, about 90% of an oral dose of moxonidine is absorbed; it is not subject to first-pass metabolism and its bioavailability is 88%. Food intake does not interfere with moxonidine pharmacokinetics.

The maximum plasma levels of moxonidine are reached 30 – 180 minutes after the intake of a film-coated tablet.

Distribution

Only about 10% of moxonidine is bound to plasma proteins ($V_{dss}=1.8\pm 0.4$ L/kg).

Metabolism

Moxonidine is 10 – 20% metabolised, mainly to 4,5-dehydromoxonidine and to a guanidine derivative by opening of the imidazoline ring. The hypotensive effect of 4,5-dehydromoxonidine is only 1/10, and that of the guanidine derivative is less than 1/100 of that of moxonidine.

Excretion

Moxonidine and its metabolites are eliminated almost entirely via the kidneys. More than 90% of the dose is eliminated via the kidneys in the first 24 hours after administration, while only about 1% is eliminated via the faeces. The cumulative renal excretion of unchanged moxonidine is about 50 – 75%.

The mean plasma elimination half-life of moxonidine is 2.2 – 2.3 hours, and renal elimination half-life is 2.6 – 2.8 hours. Although moxonidine has a relatively short half-life it should be administered no more frequently than twice daily.

Pharmacokinetics in the elderly

In older patients, the exposure (AUC) to moxonidine increased by approximately 50% following a single dose and at steady state, therefore lower doses of moxonidine should be used for the treatment of hypertension (see Section 4.3 Contraindications).

Pharmacokinetics in renal impairment

In moderately impaired renal function (GFR 30 – 60 mL/min), AUC increases by 85% and clearance decreased to 52%. In such patients the hypotensive effect of moxonidine should be closely monitored, especially at the start of treatment (see Section 4.2 Dose and method of administration).

5.3 PRECLINICAL SAFETY DATA

Genotoxicity

Moxonidine did not induce gene mutations in bacteria or mammalian cells *in vitro*. Nor did it induce chromosomal aberrations in human lymphocytes *in vitro* or in Chinese hamster bone marrow cells *in vivo*.

Carcinogenicity

Carcinogenicity studies in rats and mice at oral doses of up to 3.6 mg/kg (rat) and 7.4 mg/kg (mouse) did not reveal evidence of carcinogenic potential. Systematic exposures at the highest dose were approximately 3 (rats, based on plasma moxonidine concentration) and 63 (mice, based on and dose adjusted for body surface area) times the clinical exposure at 300 micrograms BID.

6 PHARMACEUTICAL PARTICULARS

6.1 LIST OF EXCIPIENTS

The tablets also contain the following excipients: lactose monohydrate, povidone, crospovidone, magnesium stearate, hypromellose, ethylcellulose, macrogol 6000, purified talc, iron oxide red and titanium dioxide.

6.2 INCOMPATIBILITIES

Incompatibilities were either not assessed or not identified as part of the registration of this medicine.

6.3 SHELF LIFE

In Australia, information on the shelf life can be found on the public summary of the Australian Register of Therapeutic Goods (ARTG). The expiry date can be found on the packaging.

6.4 SPECIAL PRECAUTIONS FOR STORAGE

PHYSIOTENS tablets should be stored at or below 25°C.

6.5 NATURE AND CONTENTS OF CONTAINER

PHYSIOTENS 200 micrograms tablets: PVC/PVDC/Al blister packs of 7 (sample), 10, 14, 28, 30, 56, 84 and 98 tablets.

PHYSIOTENS 300 micrograms tablets: PVC/PVDC/Al blister packs of 7, 10, 14, 28, 30, 56, 84 and 98 tablets.

PHYSIOTENS 400 micrograms tablets: PVC/PVDC/Al blister packs of 7, 10, 14, 28, 30, 56, 84 and 98 tablets.

Some strengths, pack sizes and/or pack types may not be marketed.

Australian Register of Therapeutic Goods (ARTG)

AUST R 114119 – PHYSIOTENS moxonidine 200 microgram tablet blister pack

AUST R 114120 – PHYSIOTENS moxonidine 300 microgram tablet blister pack

AUST R 114121 – PHYSIOTENS moxonidine 400 microgram tablet blister pack

6.6 SPECIAL PRECAUTIONS FOR DISPOSAL

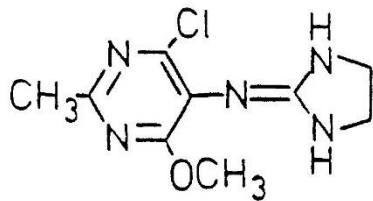
In Australia, any unused medicine or waste material should be disposed of in accordance with local requirements.

6.7 PHYSICOCHEMICAL PROPERTIES

Moxonidine is a white to almost white powder with a melting point of 197 – 205°C.

Chemical Structure

Chemical Name: 4-Chloro-N-(imidazolidin-2-ylidene)-6-methoxy-2-methyl-5-pyrimidinamine. C₉H₁₂ClN₅O, MW: 241.68.



CAS Number

75438-57-2

7 MEDICINE SCHEDULE (POISONS STANDARD)

S4 (Prescription Only Medicine)

8 SPONSOR

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9 DATE OF FIRST APPROVAL

10/11/2004

10 DATE OF REVISION

07/02/2022

Summary Table of Changes

Section Changed	Summary of New Information
All	Editorial changes
2	Updated excipients with known effect
3	Updated visual description
6.5	Updated nature of container and included AUST R numbers
8	Updated sponsor details

PHYSIOTENS® is a Viatriis company trade mark

Physiotens_pi\Feb22/00 (CCDS 20-Jun-2013)