

# Metaraminol Torbay™

## Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

### 1. Why am I using Metaraminol Torbay?

Metaraminol Torbay contains the active ingredient metaraminol tartrate. Metaraminol Torbay is used to increase your blood pressure which can drop during spinal anaesthesia or can drop as a reaction to medications or surgical complications.

For more information, see Section [1. Why am I using Metaraminol Torbay?](#) in the full CMI.

### 2. What should I know before I use Metaraminol Torbay?

Do not use if you have ever had an allergic reaction to Metaraminol Torbay or any of the ingredients listed at the end of the CMI.

**Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before I use Metaraminol Torbay?](#) in the full CMI.

### 3. What if I am taking other medicines?

Some medicines may interfere with Metaraminol Torbay and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

### 4. How do I use Metaraminol Torbay?

- Metaraminol Torbay must only be given by a doctor or nurse.
- Metaraminol Torbay is administered in a hospital as an injection into a vein or diluted before use and given with fluids into a vein.
- Your doctor will decide what dose of Metaraminol Torbay you will receive and how long you will receive it for. This depends on your medical condition and other factors, such as your weight.

More instructions can be found in Section [4. How do I use Metaraminol Torbay?](#) in the full CMI.

### 5. What should I know while using Metaraminol Torbay?

|                                    |  |
|------------------------------------|--|
| <b>Things you should do</b>        | <ul style="list-style-type: none"><li>• Always follow your doctor's instructions carefully.</li><li>• Your doctor or nurse will monitor your blood pressure.</li><li>• Remind any doctor, dentist or pharmacist you visit that you are using Metaraminol Torbay.</li></ul>         |
| <b>Driving or using machines</b>   | <ul style="list-style-type: none"><li>• Be careful before you drive or use any machines or tools until you know how Metaraminol Torbay affects you.</li></ul>  |
| <b>Looking after your medicine</b> | <ul style="list-style-type: none"><li>• Metaraminol Torbay should only be given to you in a hospital.</li><li>• It should be kept in the original packaging until it has been given to you.</li><li>• Metaraminol Torbay must be stored below 25°C protected from light.</li></ul> |

For more information, see Section [5. What should I know while using Metaraminol Torbay?](#) in the full CMI.

### 6. Are there any side effects?

Possible side effects include fast or pounding heartbeat, swelling of the face, lips, mouth or throat which may cause difficulty in swallowing or breathing, and breathlessness or any difficulty breathing.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

# Metaraminol Torbay™

Active ingredient: *Metaraminol (as tartrate)*

## Consumer Medicine Information (CMI)

This leaflet provides important information about using Metaraminol Torbay. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Metaraminol Torbay.**

**Where to find information in this leaflet:**

- [1. Why am I using Metaraminol Torbay?](#)
- [2. What should I know before I use Metaraminol Torbay?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use Metaraminol Torbay?](#)
- [5. What should I know while using Metaraminol Torbay?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

### 1. Why am I using Metaraminol Torbay?

**Metaraminol Torbay contains the active ingredient metaraminol tartrate.** Metaraminol Torbay is a sympathomimetic amine. It strengthens the contraction of the heart muscle and constricts blood vessels to help increase the blood pressure.

**Metaraminol Torbay is used to increase your blood pressure which can drop during spinal anaesthesia or can drop as a reaction to medications or surgical complications.**

### 2. What should I know before I use Metaraminol Torbay?

#### Warnings

**Do not use Metaraminol Torbay if:**

- you are allergic to metaraminol tartrate, any other similar medicines or any of the ingredients listed at the end of this leaflet. Metaraminol Torbay contains sodium metabisulfite. A sulfite may cause an allergic-type reaction or an asthmatic episode in certain susceptible people.  
Always check the ingredients to make sure you can use this medicine.
- you are being given cyclopropane or halothane anaesthesia (unless clinical circumstances demand their use).
- the solution is discoloured, cloudy, turbid, or a precipitate is present.

**Check with your doctor if you:**

- have any other medical conditions including:
  - liver disease
  - heart or thyroid disease
  - high blood pressure
  - diabetes
  - malaria
- have allergies to any other medicines, sulphites or any other substances including foods, preservatives or dyes.

- take any medicines for any other condition

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

#### Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

#### Children

Metaraminol Torbay is not recommended for use in children.

### 3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

**Some medicines may interfere with Metaraminol Torbay and affect how it works. These include:**

- certain medicines used to treat depression, e.g. Monoamine Oxidase Inhibitors (MAOI's) or Tricyclic antidepressants (TCA's)
- digoxin, a medicine used to treat heart failure

**Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Metaraminol Torbay.**

### 4. How do I use Metaraminol Torbay?

**Metaraminol Torbay must only be given by a doctor or nurse.**

#### How much Metaraminol Torbay is given

- Your doctor will decide what dose of Metaraminol Torbay you will receive and how long you will receive it for. This depends on your medical condition and other factors, such as your weight.

#### How Metaraminol Torbay is given

- Metaraminol Torbay is administered in a hospital as an injection into a vein or diluted before use and given with fluids into a vein.

#### If you are given too much Metaraminol Torbay

As Metaraminol Torbay is always given to you in a hospital under the supervision of a doctor, it is unlikely that you will receive an overdose.

However, you should tell your doctor or nurse immediately if you feel unwell at all whilst you are being given Metaraminol Torbay. You may need urgent medical attention.

#### Symptoms of an overdose may include:

- nausea and/or vomiting
- excessive sweating
- breathlessness

- tightness or pain in the chest
- fast or slow heart beat
- feeling of happiness
- convulsions, fits or seizures

**You should immediately:**

- phone the Poisons Information Centre (**by calling 13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

**5. What should I know while using Metaraminol Torbay?**

**Things you should do**

- Always follow your doctor's instructions carefully.
- Your doctor or nurse will monitor your blood pressure.

Remind any doctor, dentist or pharmacist you visit that you are using Metaraminol Torbay.

**Driving or using machines**

**Be careful before you drive or use any machines or tools until you know how Metaraminol Torbay affects you.**

**Drinking alcohol**

**Tell your doctor if you drink alcohol.**

**Looking after your medicine**

- Metaraminol Torbay should only be given to you in a hospital.
- It should be kept in the original packaging until it has been given to you.
- Metaraminol Torbay must be stored below 25°C protected from light.

**Getting rid of any unwanted medicine**

Metaraminol Torbay should only be given to you in a hospital therefore the doctor or nurse will dispose of any left over.

Do not use this medicine after the expiry date.

**6. Are there any side effects?**

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

**Serious side effects**

| Serious side effects   | What to do  |
|--|---|
| <b>Heart related:</b> <ul style="list-style-type: none"> <li>• fast or pounding heartbeat</li> </ul> <b>Allergic reaction related:</b> <ul style="list-style-type: none"> <li>• swelling of the face, lips, mouth or throat which may cause difficulty in swallowing or breathing.</li> <li>• breathlessness or any difficulty breathing.</li> </ul> | <b>Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of</b> |

| Serious side effects | What to do                         |
|----------------------|------------------------------------|
|                      | <b>these serious side effects.</b> |

**Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

**Reporting side effects**

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems). By reporting side effects, you can help provide more information on the safety of this medicine.

**Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.**

**7. Product details**

This medicine is only available with a doctor's prescription.

**What Metaraminol Torbay contains**

|   |   |
|---|---|
| <b>Active ingredient (main ingredient)</b>      | Metaraminol tartrate  |
| <b>Other ingredients (inactive ingredients)</b> | sodium metabisulfite<br>sodium chloride<br>water for injections |
| <b>Potential allergens</b>                      | sodium metabisulfite  |

**Do not take this medicine if you are allergic to any of these ingredients.**

**What Metaraminol Torbay looks like**

Metaraminol Torbay is a clear, colourless solution in a clear glass ampoule.

Metaraminol Torbay comes in three strengths, i.e. 10 mg/1 mL, 5 mg/10 mL and 2.5 mg/5 mL.

(10 mg/1 mL: AUST R 308808; 5 mg/10 mL: AUST R 308810; 2.5 mg/5 mL: AUST R 308807).

**Who distributes Metaraminol Torbay**

Clinect Pty Ltd,  
120-132 Atlantic Drive  
Keysborough VIC 3173  
Telephone: 1800 899 005

This leaflet was prepared in February 2020.