

AUSTRALIAN PI – APO-GABAPENTIN (GABAPENTIN)

1 NAME OF THE MEDICINE

Gabapentin.

2 AND 3 QUALITATIVE AND QUANTITATIVE COMPOSITION AND PHARMACEUTICAL FORM

Gabapentin is a white to off-white crystalline solid. It is freely soluble in water and in both basic and acidic aqueous solutions.

Each tablet contains 600mg or 800mg gabapentin, as the active ingredient.

In addition each tablet also contains the following inactive ingredients: copovidone, magnesium stearate and Opadry complete film coating system 20F180004 White.

Opadry complete film coating system 20F180004 White contains the following inactive ingredients: hypromellose, hyprolose, Macrogol 8000 and titanium dioxide.

600 mg Tablets:

White, oval biconvex tablets. Engraved “GAB” over partial bisect “600” on one side, “APO” on the other side.

800 mg Tablets

White, oval biconvex tablets. Engraved “GAB” over partial bisect “800” on one side, “APO” on the other side.

4 CLINICAL PARTICULARS

4.1 THERAPEUTIC INDICATIONS

- The treatment of partial seizures, including secondarily generalised tonic-clonic seizures, initially as add-on therapy in adults and children age 3 years and above who have not achieved adequate control with standard antiepileptic drugs.
- The treatment of neuropathic pain.

4.2 DOSE AND METHOD OF ADMINISTRATION

Epilepsy

Dosage for Adults and Children Over 12 Years of Age

Initiation of treatment should be as add-on therapy. Gabapentin can be given orally with or without food.

In controlled clinical trials, the effective dose range was 900 to 1800mg/day given in divided doses (three times a day).

Gabapentin therapy may be initiated by administering 300mg three times a day on Day 1 (as 300mg capsules or half 600mg tablets) or by titrating the dose as described below.

Titration to an effective dose can take place rapidly, over a few days, giving 300mg on Day 1, 300mg twice a day on Day 2, 300mg three times a day on Day 3 (using 300mg capsule or half 600mg tablets). Titration may be preferable for patients with renal impairment, patients with encephalopathy, patients on more than 2 other antiepileptic drugs and patients with multiple other medical problems.

To minimise potential side effects, especially somnolence, dizziness, fatigue and ataxia, the first dose on Day 1 may be administered at bedtime. If necessary, the dose may be increased using 300 or 400mg capsules or 600mg tablets or 800mg tablets three times a day up to 2400mg/day. Dosages up to 2400mg/day have been well tolerated in long-term open-label clinical studies.

The maximum time between doses in the three times a day (TID) schedule should not exceed 12 hours.

Neuropathic Pain in Adults (Over 18 Years of Age)

The starting dose is 900mg/day given as three daily divided doses and titrated if necessary, based on response, up to a maximum dose of 3600mg/day.

Dose Adjustment in Impaired Renal Function for Patients with Neuropathic Pain or Epilepsy

Dose adjustment is recommended in patients with compromised renal function and/or those undergoing haemodialysis (see Table 1).

Table 1: Maintenance Dosage of Gabapentin in Adults with Reduced Renal Function

RENAL FUNCTION				
Creatinine Clearance (mL/min)	Total Daily Dose ^a (mg/day)			
≥ 80	900	1200	2400	3600
50 - 79	600	600	1200	1800
30 - 49	300	300	600	900
15- 29	150 ^b	300	300	600
< 15	150 ^b	150 ^b	150 ^b	300

^a Total daily dose should be administered as a TID regimen. Doses used to treat patients with normal renal function (creatinine clearance >80 mL/min) range from 900 to 3600mg/day.

Reduced dosages are for patients with renal impairment (creatinine clearance ≤79 mL/min).

^b To be administered as 300mg every other day.

For patients undergoing haemodialysis who have never received gabapentin, a loading dose of 300 to 400mg is recommended, then 200 to 300mg of gabapentin following each 4 hours of haemodialysis.

Dosage for Children Aged 3 to 12 Years of Age

The effective dose of gabapentin is 25 to 35 mg/kg/day given in divided doses (3 times a day). Titration to an effective dose can take place over 3 days by giving 10 mg/kg/day on Day 1, 20mg/kg/day on Day 2 and 30mg/kg/day on Day 3. Dosages up to 40 to 50mg/kg/day have been well tolerated in a long-term clinical study. Doses of 60mg/kg/day have also been administered to a small number of children.

Unlike other agents in this class, it is not necessary to monitor gabapentin plasma concentrations to optimise gabapentin therapy. Further, gabapentin may be used in combination with other antiepileptic drugs without concern for alteration of the plasma concentrations of gabapentin or serum concentrations of other antiepileptic drugs.

If gabapentin is discontinued and/or an alternate anticonvulsant medication is added to the therapy, this should be done gradually over a minimum of one week.

Gabapentin tablets are intended for oral administration.

4.3 CONTRAINDICATIONS

Hypersensitivity to gabapentin or to any of the inactive ingredients in the tablets.

4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE

General

Although there is no evidence of rebound seizures with gabapentin, abrupt withdrawal of anticonvulsants in epileptic patients may precipitate status epilepticus. When in the judgement of the clinician there is a need for dose reduction, discontinuation, or substitution of alternative anticonvulsant medication, this should be done gradually over a minimum of one week.

Gabapentin is generally not considered effective in the treatment of absence seizures and may exacerbate these seizures in some patients. Consequently, gabapentin should be used with caution in patients who have mixed seizure disorders that include absence seizures.

Gabapentin treatment has been associated with dizziness and somnolence, which could increase the occurrence of accidental injury (fall). There have also been post-marketing reports of confusion, loss of consciousness and mental impairment. Therefore, patients should be advised to exercise caution until they are familiar with the potential effects of the medication.

Patients who require concomitant treatment with opioids may experience increases in gabapentin concentrations. Patients should be carefully observed for signs of central nervous system (CNS) depression, such as somnolence, sedation and respiratory depression; and the dose of gabapentin or opioids should be reduced appropriately (see 4.5-Interactions with other medicines and other forms of interactions).

Suicidal Behaviour and Ideation

Antiepileptic drugs (AEDs), including gabapentin, increase the risk of suicidal thoughts or behaviour in patients taking these drugs for any indication. Patients treated with any AED for any indication should be monitored for the emergence or worsening of depression, suicidal thoughts or behaviour, and/or any unusual changes in mood or behaviour.

Pooled analyses of 199 placebo-controlled clinical trials (mono- and adjunctive therapy) of 11 different AEDs showed that patients randomised to one of the AEDs had approximately twice the risk (adjusted Relative Risk 1.8, 95% CI:1.2, 2.7) of suicidal thinking or behaviour compared to patients randomised to placebo. In these trials, which had a median treatment duration of 12 weeks, the estimated incidence rate of suicidal behaviour or ideation among 27,863 AED-treated patients was 0.43%, compared to 0.24% among 16,029 placebo-treated patients, representing an increase of approximately one case of suicidal thinking or behaviour for every 530 patients treated. There were four suicides in drug-treated patients in the trials and none in placebo-treated patients, but the number is too small to allow any conclusion about drug effect on suicide.

The increased risk of suicidal thoughts or behaviour with AEDs was observed as early as one week after starting drug treatment with AEDs and persisted for the duration of treatment assessed. Because most trials included in the analysis did not extend beyond 24 weeks, the risk of suicidal thoughts or behaviour beyond 24 weeks could not be assessed.

The risk of suicidal thoughts or behaviour was generally consistent among drugs in the data analysed. The finding of increased risk with AEDs of varying mechanisms of action and across a range of indications suggests that the risk applies to all AEDs used for any

indication. The risk did not vary substantially by age (5-100 years) in the clinical trials analysed. Table 2 shows absolute and relative risk by indication for all evaluated AEDs.

Table 2: Risk by Indication for Antiepileptic Drugs in the Pooled Analysis

Indication	Placebo Patients with Events Per 1000 Patients	Drug Patients with Events Per 1000 Patients	Relative Risk: Incidence of Events in Drug Patients/Incidence in Placebo Patients	Risk Difference: Additional Drug Patients with Events Per 1000 Patients
Epilepsy	1.0	3.4	3.5	2.4
Psychiatric	5.7	8.5	1.5	2.9
Other	1.0	1.8	1.9	0.9
Total	2.4	4.3	1.8	1.9

The relative risk for suicidal thoughts or behaviour was higher in clinical trials for epilepsy than in clinical trials for psychiatric or other conditions, but the absolute risk differences were similar for the epilepsy and psychiatric indications.

Anyone considering prescribing gabapentin or any other AED must balance this risk with the risk of untreated illness. Epilepsy and many other illnesses for which AEDs are prescribed are themselves associated with morbidity and mortality and an increased risk of suicidal thoughts and behaviour. Should suicidal thoughts and behaviour emerge during treatment, the prescriber needs to consider whether the emergence of these symptoms in any given patient may be related to the illness being treated.

Patients, their caregivers and families should be informed that AEDs increase the risk of suicidal thoughts and behaviour and should be advised of the need to be alert for the emergence or worsening of the signs and symptoms of depression, any unusual changes in mood or behaviour, or the emergence of suicidal thoughts, behaviour or thoughts about self-harm. Behaviours of concern should be reported immediately to the treating doctor.

Drug Rash with Eosinophilia and Systemic Symptoms

Severe, life-threatening, systemic hypersensitivity reactions such as drug rash with eosinophilia and systemic symptoms (DRESS) have been reported in patients taking antiepileptic drugs including gabapentin.

It is important to note that early manifestations of hypersensitivity, such as fever or lymphadenopathy, may be present even though rash is not evident. If such signs or symptoms are present, the patient should be evaluated immediately. Gabapentin should be discontinued if an alternative aetiology for the signs or symptoms cannot be established.

Anaphylaxis

This product can cause anaphylaxis. Signs and symptoms in reported cases have included difficulty breathing, swelling of the lips, throat, and tongue, and hypotension requiring emergency treatment. Patients should be instructed to discontinue the product and seek immediate medical care should they experience signs or symptoms of anaphylaxis.

Abuse and Dependence

Post-marketing cases of abuse and dependence have been reported with gabapentin. As with other CNS drugs, patients should be carefully evaluated for a history of drug abuse and observed for possible signs of gabapentin abuse.

Paediatric use

Epilepsy

Safety and effectiveness in children below the age of 3 years have not been established.

Neuropathic pain

Safety and effectiveness in children below the age of 18 years have not been established.

Effects on laboratory tests

False positive readings were reported with the Ames N-Multistix SG dipstick test when gabapentin was added to other anticonvulsant medicines. To determine urinary protein, the more specific sulfosalicylic acid precipitation procedure is recommended.

INFORMATION FOR PATIENTS

To assure safe and effective use of gabapentin, the following information and instructions should be given to patients:

1. Inform your physician about any prescription or non-prescription medications, alcohol, or medicines you are now taking or plan to take during your treatment with gabapentin.
2. No teratogenic effects have been found in animals. However, the risk to the human foetus cannot be dismissed. Therefore you should inform your physician if you are pregnant, or if you are planning to become pregnant, or if you become pregnant while you are taking gabapentin.
3. Gabapentin is excreted in human milk and the effect on the nursing infant is unknown. You should inform your physician if you are breast feeding an infant.
4. Gabapentin may impair your ability to drive a car or operate potentially dangerous machinery. Until it is known that this medication does not affect your ability to engage in these activities, do not drive a car or operate potentially dangerous machinery.
5. You should not allow more than 12 hours between gabapentin doses. If you have missed a dose by not more than 4 hours, take the dose as soon as you remember. However, if you have missed a dose by more than 4 hours, you should skip the dose and continue taking following doses as usual.
6. Prior to initiation of treatment with gabapentin, the patient should be instructed that a rash or other signs or symptoms of hypersensitivity such as fever or lymphadenopathy may herald a serious medical event and that the patient should report any such occurrence to a physician immediately.

Antiepileptic drugs increase the risk of having suicidal thoughts and behaviours. You or anyone who cares for you should watch for any worsening signs and symptoms of depression, any unusual changes in mood or behaviour or the emergence of suicidal thoughts, behaviour or thoughts about self-harm. Report any unusual behaviours of concern to the treating doctor.

4.5 INTERACTIONS WITH OTHER MEDICINES AND OTHER FORMS OF INTERACTIONS

There are spontaneous and literature case reports of respiratory depression and/or sedation associated with gabapentin and opioid use. These effects would be of particular concern in elderly patients.

Anticonvulsants

In pharmacokinetic studies, no interactions were observed between gabapentin and phenobarbital (number of subjects, n=12), phenytoin (n=8), valproic acid (n=17) or carbamazepine (n=12).

Oral Contraceptives

Gabapentin did not influence the steady-state pharmacokinetics of norethindrone and ethinyllo estradiol when administered concomitantly with an oral contraceptive containing these two medicines (n=13).

Antacid

Co-administration of gabapentin with large dose antacid aluminium hydroxide 3600mg, magnesium hydroxide 1800mg) reduced gabapentin bioavailability(AUC) by about 20% (n=16). Although the difference was not expected to be clinically significant, it is recommended that gabapentin should be taken about 2 hours following antacid administration, when the interaction has been shown to be diminished.

Cimetidine

In the presence of cimetidine at 300mg, four times a day (QID), the mean apparent oral clearance of gabapentin fell by 14% and creatinine clearance by 10% (n=12). Thus cimetidine appeared to alter the renal excretion of both gabapentin and creatinine, an endogenous marker of renal function.

Probenecid

Renal excretion of gabapentin was unaltered by probenecid, a blocker of renal tubular secretion.

Morphine

A literature article reported that when a 60mg controlled-release morphine capsule was administered 2 hours prior to a 600mg gabapentin capsule (n=12), mean gabapentin AUC increased by 44% compared to gabapentin administered without morphine (see 4.4-Special warnings and precautions for use). Morphine pharmacokinetic parameter values were not affected by administration of gabapentin 2 hours after morphine. The magnitude of interaction at other doses is not known.

4.6 FERTILITY, PREGNANCY AND LACTATION

Effects on fertility

No adverse effects on fertility or reproduction were observed in rats at doses up to 2000mg/kg/day administered in the diet, with estimated exposure (plasma AUC) 14 times clinical exposure at the MRHD of 2400mg/day.

Use in pregnancy

Category B3

Gabapentin crosses the human placenta.

Congenital malformations and adverse pregnancy outcomes have been reported with gabapentin use, however there are no adequate and well-controlled studies in pregnant women and no definite conclusions can be made as to whether gabapentin is causally associated with an increased risk of congenital malformations or other adverse developmental outcomes when taken during pregnancy. The risk of birth defects is increased by a factor of 2 – 3 in the offspring of mothers treated with an antiepileptic

medicinal product. Gabapentin should be used during pregnancy only if the potential benefit to the mother clearly outweighs the potential risk to the foetus.

The risk of having a child with a congenital defect as a result of antiepileptic drug is far outweighed by the dangers to the mother and foetus of uncontrolled epilepsy.

It is recommended that:

- women on antiepileptic drug receive pre-pregnancy counselling with regard to the risk of foetal abnormalities;
- antiepileptic drugs should be continued during pregnancy and monotherapy should be used if possible at the lowest effective dose as risk of abnormality is greater in women taking combined medication;
- folic acid supplementation (5 mg) should be commenced four weeks prior to and continue for twelve weeks after conception;
- specialist prenatal diagnosis including detailed mid-trimester ultrasound should be offered.

Use in lactation

Gabapentin is excreted in human milk. In a peri-postnatal study in rats administered gabapentin in the diet at doses of 500, 1000 and 2000mg/kg/day from late gestation to weaning, there was a dose related reversible increase in the incidence of hydronephrosis in 21 day-old pups. Because the effect on the breastfed infant is unknown and because of the potential for serious adverse reactions in breastfed infants from gabapentin, a decision should be made whether to discontinue breastfeeding or to discontinue gabapentin, taking into account the importance of gabapentin to the mother. Gabapentin should be used in breastfeeding mothers only if the benefits clearly outweigh the risks.

4.7 EFFECTS ON ABILITY TO DRIVE AND USE MACHINES

Patients should be advised not to drive a car or operate potentially dangerous machinery until it is known that gabapentin does not affect their ability to engage in these activities.

4.8 ADVERSE EFFECTS (UNDESIRABLE EFFECTS)

Adults and Children Over 12 Years of Age with Epilepsy

Gabapentin has been evaluated for safety in approximately 2000 subjects and patients and was well tolerated. Of these, 543 patients participated in controlled clinical trials.

The most commonly observed adverse events associated with the use of gabapentin in combination with other antiepileptic drugs, not seen in an equivalent frequency among placebo-treated patients, were somnolence, dizziness, ataxia, fatigue and nystagmus.

Approximately 7% of the 2074 individuals who received gabapentin in the pre-marketing clinical trials discontinued treatment because of an adverse event. The adverse events most commonly associated with withdrawal were somnolence, ataxia, fatigue, nausea and/or vomiting and dizziness.

Incidence in Controlled Epilepsy Clinical Trials

The following table lists the treatment-emergent signs and symptoms that occurred in at least 1% of gabapentin-treated patients with epilepsy participating in gabapentin placebo-controlled trials. In these studies, either gabapentin or placebo was added to the patient's current antiepileptic drug therapy. Adverse events were usually mild to moderate in intensity.

Table 3: Adverse Events Reported in At Least 1% of Participants in Gabapentin Placebo-Controlled Trials

Body System / Adverse Event	Gabapentin^a n=543 %	Placebo^a n=378 %
Body As A Whole		
Fatigue	11.0	5.0
Weight Increase	2.9	1.6
Back Pain	1.8	0.5
Peripheral Oedema	1.7	0.5
Viral Infection	1.3	2.1
Fever	1.3	1.3
Cardiovascular		
Vasodilatation	1.1	0.3
Digestive System		
Nausea and/or Vomiting	6.1	7.1
Dyspepsia	2.2	0.5
Abdominal Pain	1.8	2.4
Mouth or Throat Dry	1.7	0.5
Constipation	1.5	0.8
Dental Abnormalities	1.5	0.3
Diarrhoea	1.3	2.1
Increased Appetite	1.1	0.8
Haematologic and Lymphatic Systems		
Leukopenia	1.1	0.5
Musculoskeletal System		
Myalgia	2.0	1.9
Fracture	1.1	0.8
Nervous System		
Somnolence	19.3	8.7
Dizziness	17.1	6.9
Ataxia	12.5	5.6
Nystagmus	8.3	4.0
Headache	8.1	9.0
Tremor	6.8	3.2
Nervousness	2.4	1.9
Dysarthria	2.4	0.5
Amnesia	2.2	0.0
Depression	1.8	1.1
Thinking Abnormal	1.7	1.3
Confusion	1.7	1.9
Twitching	1.3	0.5
Coordination Abnormal	1.1	0.3
Insomnia	1.1	1.9
Emotional Lability	1.1	1.3
Respiratory System		
Rhinitis	4.1	3.7
Pharyngitis	2.8	1.6

Body System / Adverse Event	Gabapentin^a n=543 %	Placebo^a n=378 %
Coughing	1.8	1.3
Skin and Appendages		
Rash	1.5	1.6
Abrasion	1.3	0.0
Pruritus	1.3	0.5
Acne	1.1	1.3
Urogenital System		
Impotence	1.5	1.1
Special Senses		
Diplopia	5.9	1.9
Amblyopia ^b	4.2	1.1
Laboratory Deviations		
WBC Decreased	1.1	0.5

^a Plus background antiepileptic drug therapy

^b Amblyopia was often described as blurred vision

Other Adverse Events Observed During All Epilepsy Clinical Studies

Those events that occurred in at least 1% of the study participants with epilepsy who received gabapentin as adjunctive therapy in any clinical study and that are not described in the previous section as frequently occurring treatment-emergent signs and symptoms during placebo-controlled studies are summarised below.

Body as a Whole

Asthenia, malaise, facial oedema.

Cardiovascular System

Hypertension.

Digestive System

Flatulence, anorexia, gingivitis.

Haematologic and Lymphatic Systems

Purpura most often described as bruises resulting from physical trauma.

Musculoskeletal System

Arthralgia.

Nervous System

Vertigo, hyperkinesia, increased, decreased or absent reflexes, paraesthesia, anxiety, hostility.

Respiratory System

Pneumonia.

Urogenital System

Urinary tract infection.

Special Senses

Abnormal vision, most often described as a visual disturbance.

Children from 3 to 12 Years of Age with Epilepsy

The most commonly observed adverse events reported with the use of gabapentin in combination with other antiepileptic drugs in children 3 to 12 years of age, not seen in equal frequency among placebo-treated patients, were viral infection, fever, nausea and/or vomiting and somnolence.

Approximately 8% of the 292 children aged 3 to 12 years who received gabapentin in pre-approval clinical trials discontinued treatment because of an adverse event. The adverse events most commonly associated with withdrawal in children were somnolence (1.4%), hyperkinesia (1.0%) and hostility (1.0%).

Table 4: Treatment Emergent Adverse Event Incidence in Children Age 3 to 12 Years in Controlled Add-On Trials (events in at least 2% of gabapentin patients and numerically more frequent than in the placebo group)

Body System / Adverse Event	Gabapentin^a N=119 %	Placebo^a N=128 %
Body As A Whole		
Viral Infection	10.9	3.1
Fever	10.1	3.1
Weight Increase	3.4	0.8
Fatigue	3.4	1.6
Digestive		
Nausea and/or Vomiting	8.4	7.0
Nervous System		
Somnolence	8.4	4.7
Hostility	7.6	2.3
Emotional Lability	4.2	1.6
Dizziness	2.5	1.6
Hyperkinesia	2.5	0.8
Respiratory System		
Bronchitis	3.4	0.8
Respiratory Infection	2.5	0.8

^a Plus background antiepileptic drug therapy

Other events in more than 2% of children but equally or more frequent in the placebo group included: pharyngitis, upper respiratory infection, headache, rhinitis, convulsions, diarrhoea, anorexia, coughing and otitis media.

Adverse events occurring during clinical trials in children treated with gabapentin that were not reported in adjunctive therapy trials in adults are:

Body as a Whole

Dehydration, infectious mononucleosis.

Digestive System

Hepatitis, oral moniliasis.

Haematologic and Lymphatic System

Coagulation defect.

Nervous System

Aura disappeared, occipital neuralgia.

Psychobiologic Function

Sleepwalking.

Respiratory System

Pseudo-croup, hoarseness.

Adults Over 18 Years of Age with Neuropathic Pain

The most commonly observed adverse events reported with the use of gabapentin in adults over 18 years of age with neuropathic pain, seen in at least twice the frequency among placebo-treated patients were dry mouth, peripheral oedema, weight gain, abnormal gait, amnesia, ataxia, confusion, dizziness, hypoaesthesia, somnolence, thinking abnormal, vertigo, rash and amblyopia.

Of the 821 adults who received gabapentin in the painful diabetic peripheral neuropathy and post-herpetic neuralgia trials, 13.2% discontinued treatment because of an adverse event. The adverse events most commonly associated with withdrawal were dizziness (4.4%), somnolence (2.9%) and nausea (1.3%).

Table 5: Summary of Treatment–Emergent Signs and Symptoms in ≥1% of Gabapentin-Treated Patients in Neuropathic Pain Placebo-Controlled Studies

COSTART Body System / Adverse Event	Gabapentin n = 821		Placebo n = 537	
	No of Patients	(%)	No of Patients	(%)
Body as a Whole				
Abdominal pain	23	2.8	17	3.2
Accidental injury	32	3.9	17	3.2
Asthenia	41	5.0	25	4.7
Back pain	19	2.3	8	1.5
Flu syndrome	21	2.6	14	2.6
Headache	45	5.5	33	6.1
Infection	38	4.6	40	7.4
Pain	30	3.7	36	6.7
Digestive System				
Constipation	19	2.3	9	1.7
Diarrhoea	46	5.6	24	4.5
Dry mouth	27	3.3	5	0.9
Dyspepsia	16	1.9	10	1.9
Flatulence	14	1.7	6	1.1
Nausea	45	5.5	29	5.4
Vomiting	16	1.9	13	2.4
Metabolic and Nutritional				
Peripheral oedema	44	5.4	14	2.6
Weight gain	14	1.7	0	0.0
Nervous System				
Abnormal gait	9	1.1	0	0.0
Amnesia	15	1.8	3	0.6
Ataxia	19	2.3	0	0.0
Confusion	15	1.8	5	0.9
Dizziness	173	21.1	35	6.5

COSTART Body System / Adverse Event	Gabapentin n = 821		Placebo n = 537	
	No of Patients	(%)	No of Patients	(%)
Hypoaesthesia	11	1.3	3	0.6
Somnolence	132	16.1	27	5.0
Thinking abnormal	12	1.5	0	0.0
Tremor	9	1.1	6	1.1
Vertigo	8	1.0	2	0.4
Respiratory System				
Dyspnoea	9	1.1	3	0.6
Pharyngitis	15	1.8	7	1.3
Skin and Appendages				
Rash	14	1.7	4	0.7
Special Senses				
Amblyopia	15	1.8	2	0.4

Post-Marketing Experience

The following adverse events have been reported in patients receiving gabapentin post-marketing, however, the data are insufficient to support an estimate of their incidence or to establish causation.

Sudden, unexplained deaths have been reported where a causal relationship to treatment with gabapentin has not been established. Additional post-marketing adverse events reported include blood creatine phosphokinase increased, rhabdomyolysis, abnormal liver function, acute kidney failure, agitation allergic reaction including urticaria, alopecia, anaphylaxis, anaemia, angioedema, hyperglycaemia and hypoglycaemia (most often observed in patients with diabetes), breast hypertrophy, gynaecomastia, cardiac arrest, chest pain, convulsions, depersonalisation, drug rash with eosinophilia and systemic symptoms, erythema multiforme, fall, hypersensitivity including systemic reactions, hyponatraemia, jaundice, loss of consciousness, movement disorders such as choreoathetosis, dyskinesia and dystonia, myoclonus, palpitation, pancreatitis, renal impairment, speech disorder, sexual dysfunction (including changes in libido, ejaculation disorders and anorgasmia), Stevens-Johnson syndrome, tachycardia, thrombocytopenia, tinnitus, urinary incontinence and symptoms of psychosis such as delusions, hallucinations and abnormal thinking.

Generalised oedema, hepatitis, hypotension, neuropathy/peripheral neuropathy and syncope have been rarely reported.

Adverse events following the abrupt discontinuation of gabapentin have also been reported. The most frequently reported events were anxiety, insomnia, nausea, pain and sweating.

Some cases of hypomania have been reported after commencement of gabapentin. In each case, other anticonvulsants had been used concurrently and symptoms of hypomania resolved following a reduction in dosage or cessation of gabapentin.

Reporting suspected adverse reactions after registration of the medicinal product is important. It allows continued monitoring of the benefit-risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions at <http://www.tga.gov.au/reporting-problems>.

4.9 OVERDOSE

Symptoms

Symptoms of an overdose included somnolence, ataxia, dizziness, double vision, nystagmus, slurred speech, drowsiness, loss of consciousness, lethargy, mild hypotension and gastrointestinal symptoms including diarrhoea. Gabapentin overdose alone has not been reported to produce significant cardiotoxicity.

Overdoses as high as 108g have been reported with full recovery following symptomatic therapy. Reduced absorption of gabapentin at higher doses may limit gabapentin absorption at the time of overdosing and, hence, minimise toxicity from overdoses.

Treatment

There is no specific antidote for gabapentin; treatment is symptomatic. The patient should be monitored closely and given supportive care where necessary to maintain vital functions. Overdoses may involve other concurrent medications and should be treated accordingly.

Activated charcoal may reduce absorption of gabapentin if given within one hour after ingestion. In patients who are not f

ully conscious or have impaired gag reflex, consideration should be given to administering activated charcoal via nasogastric tube once the airway is protected.

Gabapentin can be removed by haemodialysis. Although haemodialysis has not been performed in the few overdose cases reported, it may be indicated by the patient's clinical state or in patients with significant renal impairment.

Ipecac-induced emesis is not recommended because of the potential for CNS depression.

For information on the management of overdose, contact the Poison Information Centre on 131126 (Australia).

5 PHARMACOLOGICAL PROPERTIES

5.1 PHARMACODYNAMIC PROPERTIES

Mechanism of action

The mechanism by which gabapentin exerts its anticonvulsant action is unknown. Gabapentin is structurally related to the neurotransmitter GABA (gamma-aminobutyric acid) but its mechanism of action is different from that of several other medicines that interact with GABA synapses including valproate, barbiturates, benzodiazepines, GABA transaminase inhibitors, GABA uptake inhibitors, GABA agonists and GABA prodrugs. In vitro studies with radiolabelled gabapentin have characterised a novel peptide binding site in rat brain tissues including neocortex and hippocampus that may relate to anticonvulsant activity of gabapentin and its structural derivatives. However, the identification and function of the gabapentin binding site remains to be elucidated. Gabapentin at relevant clinical concentrations does not bind to other common drug or neurotransmitter receptors of the brain including GABAA, GABAB, benzodiazepine, glutamate, glycine or N-methyl-d-aspartate receptors.

Gabapentin does not interact with sodium channels in vitro and so differs from phenytoin and carbamazepine. Several test systems ordinarily used to assess activity at the NMDA receptor complex have been examined. Results are contradictory. Accordingly no general statement about the effects, if any, of gabapentin at the NMDA receptor can be made. Gabapentin slightly reduces the release of monoamine neurotransmitters in vitro. Gabapentin administration to rats increases GABA turnover in several brain regions in a manner similar to valproate sodium, although in different regions of brain. The relevance

of these various actions of gabapentin to the anticonvulsant effects remains to be established. In animals, gabapentin readily enters the brain and shows efficacy in some, but not all, seizure models. These animal models included genetic models of seizures and seizures induced by maximal electroshock, from chemical convulsants including inhibitors of GABA synthesis.

Clinical trials

Partial Seizures

Adults

The effectiveness of gabapentin as adjunctive therapy was established in three multi-centre, placebo-controlled, double-blind, parallel-group clinical trials in 705 adults with refractory partial seizures. The patients enrolled had a history of at least 4 partial seizures per month in spite of receiving one or more antiepileptic drugs at therapeutic levels and were observed on their established antiepileptic drug regimen during a 12-week baseline period. In patients continuing to have at least 2 (or 4 in some studies) seizures per month, gabapentin or placebo was then added on to the existing therapy during a 12-week treatment period. Effectiveness was assessed primarily on the basis of the percent of patients with a 50% or greater reduction in seizure frequency from baseline to treatment (the "responder rate") and a derived measure called response ratio, a measure of change defined as $(T-B)/(T+B)$, where B is the patient's baseline seizure frequency and T is the patient's seizure frequency during treatment. Response ratio is distributed within the range -1 to +1. A zero value indicates no change while complete elimination of seizures would give a value of -1. Increased seizure rates would give positive values. A response ratio of -0.33 corresponds to a 50% reduction in seizure frequency. The results given below are for all partial seizures in the intent-to-treat population (all patients who received any doses of treatment) in each study, unless otherwise indicated.

One study compared gabapentin 1200mg/day, given as three divided doses (divided TID) with placebo. Responder rate was 23% (14/61) in the gabapentin group and 9% (6/66) in the placebo group; the difference between groups was statistically significant. Response ratio was also better in the gabapentin group (-0.199) than in the placebo group (-0.044), a difference that also achieved statistical significance.

A second study compared primarily gabapentin 1200mg/day (n=101) given as three divided doses, with placebo (n=98). Additional smaller gabapentin dosage groups (600mg/day, n=53; 1800mg/day, n=54) were also studied for information regarding dose response. Responder rate was higher in the gabapentin 1200mg/day group (16%) than in the placebo group (8%), but the difference was not statistically significant. The responder rate at 600mg (17%) was also not significantly higher than in the placebo, but the responder rate in the 1800mg group (26%) was statistically significantly superior to the placebo rate. Response ratio was better in the gabapentin 1200mg/day group (-0.103) than in the placebo group (-0.022); but this difference was also not statistically significant (p=0.224). A better response was seen in the gabapentin 600mg/day group (-0.105) and 1800mg/day group (-0.222) than in the 1200mg/day group, with the 1800mg/day group achieving statistical significance compared to the placebo group.

A third study compared gabapentin 900mg/day, given as three divided doses (n=111) and placebo (n=109). An additional gabapentin 1200mg/day dosage group (n=52) provided dose-response data. A statistically significant difference in responder rate was seen in the gabapentin 900mg/day group (22%) compared to that in the placebo group (10%). Response ratio was also statistically significantly superior in the gabapentin 900mg/day group (-0.119) compared to that in the placebo group (-0.027), as was response ratio in 1200mg/day gabapentin (-0.184) compared to placebo.

A one week, prospective, multi-centre, randomised, double-blind, placebo lead-in, parallel-group study compared the tolerability of gabapentin administered as an initial dosage of

900mg/day versus a dosage titrated to 900mg/day over three days (i.e. 300mg on Day 1, 600mg on Day 2, 900mg on Day 3). 781 patients (titrated = 383, non-titrated = 388) involved in the study had partial seizures which were not adequately controlled with one or two other antiepileptic drugs. For the MITT population, on both the first day of active medication and all 5 days of active medication, there were no clinically meaningful treatment group differences in the incidences of fatigue, ataxia and somnolence (i.e. the upper 95% confidence limit for the difference < 7.5%). Only the difference in dizziness exceeded this upper confidence limit (upper confidence limit = 10.7% for the first day and 11.3% for all 5 days), with the non-titrated group reporting the higher incidence, however, it did not lead to increased discontinuation in this group.

Paediatrics

The safety and efficacy of gabapentin administered as adjunctive therapy for the treatment of partial seizures in paediatric patients aged 3 to 12 years were assessed in two randomised, double-blind, parallel-group, placebo-controlled, multi-centre clinical studies. The studies were conducted in 247 children who had refractory partial seizures and were receiving 1 to 3 standard antiepileptic drugs. After a 6-week baseline phase, during which patients received their prescribed antiepileptic drugs, there was a 12-week double-blind treatment phase. Patients who had experienced a minimum of 4 seizures during baseline were randomised and had either gabapentin (25 to 35mg/kg/day) or placebo added to their baseline antiepileptic drugs. The primary analysis of RRatio (Modified Intent To Treat (MITT) population) demonstrated that gabapentin was significantly better than placebo in controlling partial seizures ($p=0.04$). Results for the Intent To Treat (ITT) population did not show a significant difference in RRatio between the treatment groups. Further analysis using rank-transformed data was performed as the data showed evidence of non-normality of distribution. Results of this analysis showed that mean RRatio was significantly lower (better) for the gabapentin treatment group than for the placebo group in both the MITT ($p=0.01$) and ITT ($p=0.03$) populations.

Neuropathic Pain

Adults

The efficacy and safety of gabapentin for the treatment of neuropathic pain in adults over 18 years of age were assessed in two randomised, double-blind, parallel-group, placebo-controlled, multi-centre studies. One study examined the efficacy and safety of gabapentin in the treatment of painful diabetic peripheral neuropathy and the other study was conducted in patients with post-herpetic neuralgia. The studies were of a similar design. Following a baseline screening week and randomisation, gabapentin was titrated from 900mg/day to 1800mg/day, 2400mg/day and 3600mg/day divided into three times a day dosing consecutively over the first four weeks of the study. Patients were then maintained at the maximum dose that was tolerated for the remaining four weeks. The primary efficacy measure used in both studies was change from baseline to the final week in mean pain score obtained from daily pain diaries (pain was measured using an 11-point Likert scale). Several secondary outcomes were also assessed including: the Short-Form McGill Pain Questionnaire (SF-MPQ) (sensory, affective and total pain scores); SF-MPQ visual analogue scale (VAS) and present pain intensity scale (PPI); mean sleep interference score; Patient and Clinical Global Impression of Change (PGIC and CGIC) and the quality of life measures SF-36 Quality of Life Questionnaire (QOL) and Profile of Mood States (POMS).

Results from both studies demonstrated that gabapentin provided statistically significantly greater improvement in relief of neuropathic pain than placebo. In patients with painful diabetic peripheral neuropathy, mean pain score decreased by 2.6 in patients receiving gabapentin and 1.4 in patients receiving placebo ($p<0.001$). In the post-herpetic neuralgia study, mean pain score decreased by 2.1 in patients receiving gabapentin and 0.5 in patients receiving placebo ($p<0.001$). Gabapentin was significantly better than placebo in

controlling pain from week two of both studies ($p < 0.001$). Sleep interference scores, Short-Form McGill sensory, affective and total pain scores, VAS and PPI scale as well as PGIC, CGIC and some of the quality of life measures showed significant differences in favour of gabapentin.

5.2 PHARMACOKINETIC PROPERTIES

All pharmacological actions following gabapentin administration are due to the activity of the parent compound; gabapentin is not appreciably metabolised in humans.

Absorption

Gabapentin bioavailability is not dose proportional; i.e. as dose is increased, bioavailability decreases. A 400mg dose, for example, is about 25% less bioavailable than a 100mg dose. Over the recommended dose range of 300 to 600mg three times a day, however, the differences in bioavailability are not large and bioavailability is about 60%. The bioavailability of the 800mg dose was found to be approximately 35% in single and multiple dose studies. The absolute bioavailability of gabapentin following daily doses of 1200, 2400, 3600 and 4800mg/day averaged 47%, 34%, 33% and 27% respectively. Food has no effect on the rate and extent of absorption of gabapentin.

Distribution

Gabapentin circulates largely unbound ($< 3\%$) to plasma proteins. The apparent volume of distribution of gabapentin after 150mg intravenous administration is 58 ± 6 L (Mean \pm SD). In patients with epilepsy, steady-state predose (C_{min}) concentrations of gabapentin in cerebrospinal fluid were approximately 20% of the corresponding plasma concentrations.

Metabolism

Gabapentin is not appreciably metabolised in humans

Excretion

Gabapentin is eliminated from the systemic circulation by renal excretion as unchanged drug. Gabapentin is not appreciably metabolised in humans.

The elimination half-life of gabapentin is 5 to 7 hours and is unaltered by dose or following multiple dosing. Gabapentin elimination rate constant, plasma clearance and renal clearance are directly proportional to creatinine clearance. In elderly patients, and in patients with impaired renal function, gabapentin plasma clearance is reduced. Gabapentin can be removed by haemodialysis.

Dosage adjustment in patients with compromised renal function or undergoing haemodialysis is recommended (see 4.2-Dose and method of administration).

Special Populations

Patients with Renal Insufficiency

Subjects with renal insufficiency (mean creatinine clearance ranging from 13-114mL/min) were administered 400mg oral dose of gabapentin. The mean gabapentin half-life ranged from about 6.5 hours (patients with creatinine clearance ($CrCl$) > 60 mL/min) to 52 hours ($CrCl < 30$ mL/min) and gabapentin renal clearance ranged from about 90mL/min ($CrCl > 60$ mL/min) to about 10mL/min ($CrCl < 30$ mL/min). Gabapentin dosage should be adjusted in patients with compromised renal function (see 4.2-Dose and method of administration).

Patients on Haemodialysis

In a study in anuric patients, the elimination half-life of gabapentin on non-dialysis days was about 132 hours; dialysis three times a week (4 hour duration) lowered the apparent half-life of gabapentin by about 60%, from 132 hours to 51 hours. Gabapentin dosage

should be adjusted in patients undergoing haemodialysis (see 4.2-Dose and method of administration).

Use in the Elderly (≥ 65 years)

In a study examining the effect of age on the elimination of gabapentin, apparent oral clearance (CL/F) of gabapentin decreased as age increased, from about 225mL/min in those under 30 years of age to about 125mL/min in those over 70 years of age. Renal clearance also declined with age; however, the decline in the renal clearance of gabapentin can largely be explained by the decline in renal function. Reduction of gabapentin dose may be required in patients who have age-related compromised renal function (see 4.2-Dose and method of administration).

Paediatric

Gabapentin pharmacokinetics were determined in 24 healthy paediatric subjects between the ages of 4 and 12 years. In general, gabapentin plasma concentrations in these children are similar to those in adults.

5.3 PRECLINICAL SAFETY DATA

Genotoxicity

There is no evidence that gabapentin has genotoxic potential. It was not mutagenic in vitro in standard assays using bacterial or mammalian cells. Gabapentin did not induce structural chromosome aberrations in mammalian cells in vitro or in vivo and did not induce micronucleus formation in the bone marrow of hamsters.

Carcinogenicity

Gabapentin was given in the diet to mice at 200, 600 and 2000mg/kg/day and to rats at 250, 1000 and 2000mg/kg/day for two years. A statistically significant increase in the incidence of pancreatic acinar cell adenoma and carcinoma was found only in male rats at the highest dose. Peak plasma medicine concentrations and areas under the concentration time curve in rats at 2000mg/kg/day were 14 times higher than plasma concentrations in humans given the recommended maximum tolerated dose of 2400mg/day. The pancreatic acinar cell tumours in male rats were low grade malignancies, which did not metastasise or invade surrounding tissue and were similar to those seen in concurrent controls. The relevance of these pancreatic acinar cell tumours in male rats to carcinogenic risk in human is unclear.

Pregnancy

Studies in animals have shown reproductive toxicity. The potential risk for humans is unknown.

Embryo foetal development studies with gabapentin in mice at oral doses up to 3000mg/kg/day and in rats at oral doses up to 1500mg/kg/day revealed no evidence of foetal malformations. Delayed ossification in the skull, vertebrae and limbs, indicative of foetal growth retardation, was reported in the offspring of mice administered gabapentin at oral doses of 1000 and 3000mg/kg/day during organogenesis, and rats administered gabapentin 2000mg/kg/day in the diet during mating and throughout gestation. An increased incidence of hydroureter and/or hydronephrosis was observed in rats treated with dietary gabapentin from late gestation to weaning (see 4.6-Fertility, pregnancy and lactation - Use in Lactation). In these studies, exposure to gabapentin (based on areas under the concentration time curve) was up to 5 times higher in the mouse and up to 14 times higher in the rat, than in humans at the recommended maximum dose of 2400mg/day. In female rabbits given 60, 300 or 1500mg/kg/day gabapentin orally during the period of organogenesis, maternal toxicity and abortion were observed at the high

dose, but at the low and mid doses, no evidence of impaired fertility or harm to the foetus was observed.

6 PHARMACEUTICAL PARTICULARS

6.1 LIST OF EXCIPIENTS

Refer to section 2 and 3 – Qualitative and quantitative composition and pharmaceutical form.

6.2 INCOMPATIBILITIES

See Section 4.5-Interactions with other medicines and other forms of interactions.

6.3 SHELF LIFE

In Australia, the information on the shelf life can be found on the public summary of the Australian Register of Therapeutic Goods (ARTG). The expiry date can be found on the packaging.

6.4 SPECIAL PRECAUTIONS FOR STORAGE

Store below 25°C.

6.5 NATURE AND CONTENTS OF CONTAINER

600 mg Tablets

Blister pack (Al/Al) of 100 & 500 tablets (AUST R 131464).

Bottles (HDPE with child resistant closures) of 100 tablets (AUST R 131469).

Bottles (HDPE) of 500 tablets (AUST R 131469).

800 mg Tablets

Blister pack (Al/Al) of 100 & 500 tablets (AUST R 131504).

Bottles (HDPE with child resistant closures) of 100 tablets (AUST R 131505).

Bottles (HDPE) of 500 tablets (AUST R 131505)

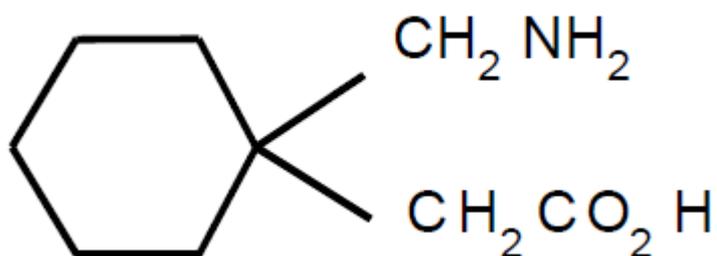
Not all strengths, packs sizes and/or pack types may be available.

6.6 SPECIAL PRECAUTIONS FOR DISPOSAL

In Australia, any unused medicine or waste material should be disposed of by taking to your local pharmacy.

6.7 PHYSICOCHEMICAL PROPERTIES

Chemical structure



Chemical Name: 1-(aminomethyl) cyclohexaneacetic acid.

Chemical Formula: $\text{C}_9\text{H}_{17}\text{NO}_2$

Molecular Weight: 171.24

CAS number

60142-96-3.

7 MEDICINE SCHEDULE (POISONS STANDARD)

S4 – Prescription Only Medicine

8 SPONSOR

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10 DATE OF REVISION

10 January 2018

SUMMARY TABLE OF CHANGES

Section Changed	Summary of new information
All	Reformatted product information
2, 3 and 6.5	Minor editorial changes